



## **MEMBERSHIP RULES**

Please observe the following rules when attending club sessions – they are designed to ensure general safety and to maximize benefits and pleasure.

### **1. APPLYING FOR MEMBERSHIP**

- One inspection visit is allowed to the club ascertain relevant information, thereafter the club's application must be completed, the annual subscription fee paid, and doctor's written permission (if disabled) must be obtained and submitted on the next visit.
- A membership card will be issued, renewable annually, to acknowledge payment of the annual subscription, which becomes due on 1<sup>st</sup> January.
- The committee reserves the right to refuse membership, at their discretion, in the best interest of the club.
- Ad hoc visitors will be allowed for no more than two consecutive meetings.
- Disabled ad hoc visitors will be allowed with a companion who will be responsible for their safety and welfare and who must report to the person in charge of the pool prior to entering the water. Infants must become members as soon as their parent or guardian wishes them to use the pool.

### **2. REGISTRATION**

- The duty stewards have the right to refuse admission.
- Members should produce their cards and must sign in on arrival. They must register if leaving the premises before the end of the session.
- Ad hoc visitors must also sign in and thereby agree to bound by the club rules.

### **3. SAFETY**

- Non swimmer disabled members should endeavour to provide their own helpers. Those who do not have one MUST report to the person in charge of the pool to get permission to enter the water. Non swimmers must not go out of their depth.
- All swimmers must be able to swim one length, competently and unaided, to the satisfaction of the Training Officer, before using the deep end of the pool.
- All children under the age of 14 must be accompanied by an adult.
- Members must obey instructions given by the person in charge of the pool, pool stewards, or club officers.
- A short whistle blast indicates that someone is doing something wrong, to draw attention to an announcement or indicate the end of the session.
- A long whistle blast indicates that a dangerous situation has arisen and all activity must cease until the all clear is given by the person in charge of the pool.

### **4. ASSISTANCE**

- Members attending a session without a disabled member must check with the person in charge of the pool to see if any disabled member needs assistance.

### **5. HYGIENE**

- Poolside helpers and visitors must wear clean appropriate footwear, overshoes or be barefooted.

### **6. ADDITION TO RULES**

- In an endeavour to be compliant with Government Regulations, as from 1<sup>st</sup> October 2007 all new volunteers will need to be CRB checked.

### **7. THE COMMITTEE RESERVES THE RIGHT TO WAVE OR AMEND ANY RULES.**

#### **GENERAL INFORMATION**

- A competent Lifeguard is in attendance.
- Swimming instruction can be arranged via the training Officer.
- A hoist is available.
- First Aid is provided by volunteers or pool staff.
- Swimming aids are available – ask any pool steward.
- Uni-sex showers are available
- The changing room areas are simultaneously used by other leisure centre users, therefore members should not leave clothing or valuables in the changing cubicles.
- Coin operated lockers are available.
- No responsibility can be accepted by the Club or Everyone Active for loss or damage to private property.