

MEMBERSHIP RULES

Please observe the following rules when attending club sessions – they are designed to ensure general safety and to maximize benefits and enjoyment of all members.



1. APPLYING FOR MEMBERSHIP

- One inspection visit and one trial swim is allowed to the club to ascertain relevant information and try facilities, thereafter the club's application must be completed; the annual subscription fee paid, and doctor's written permission (if disabled) must be obtained and submitted on the next visit.
- A membership card will be issued, to acknowledge payment of the annual subscription, which becomes due on 1st January each year, preferred payment is by Standing Order or BACs payment.
- The committee reserves the right to refuse membership or admission, at their discretion, in the best interest of the club.
- Ad hoc visitors will be allowed for no more than two consecutive meetings in six month period.
- Disabled ad hoc visitors will be allowed with a companion who will be responsible for their safety and welfare and who must report to the person in charge of the pool prior to entering the water.
- Infants must become members as soon as their parent or guardian wishes them to use the pool.
- Family members and carers may join as associate members. if there may be different carers then a "carer card" can be issued but we will need name of carers, who must sign in clearly next to member.

2. REGISTRATION

- ALL Members should produce their cards and must sign in clearly on arrival, along with their associate members
- The front desk or Spotter in charge (IC) have the right to refuse admission and refer to committee.
- They must sign out on register if leaving the premises before the end of the session.
- Ad hoc visitors must also sign in and thereby agree to bound by the club rules.
- Subscriptions can be paid (during January) at front desk and members may register for trips & events.

3. SAFETY

- Disabled members who are non-swimmers should endeavour to provide their own helpers. Those who do not have one MUST report to the person in charge of the pool to get permission to enter the water. Non-swimmers must not go out of their depth.
- All swimmers must be able to swim one length, competently and unaided, to the satisfaction of the Training Officer or IC on duty, before using the deep end of the pool.
- All children under the age of 14 must be accompanied by an adult.
- Members must obey instructions given by Lifeguards, Spotter in charge spotters or club officers.
- A short whistle blast indicates that someone is doing something wrong, to draw attention to an announcement or indicate the end of the session.
- A long whistle blast indicates that a dangerous situation has arisen, and all activity must cease until the all clear is given by the person in charge of the pool.
- Snorkels and full-face goggles are not allowed without prior permission of Committee.
- No Diving and No jumping from poolside (other than as means of gaining access)

4. ASSISTANCE

- The club can't provide assistance with personal care, if members need assistance, they need to bring carer/family member
- Associate Members attending a session without a disabled member must check with Spotter in charge (IC) to see if any disabled member needs assistance.
- In emergency evacuation; any abled bodied members not involved should make themselves available to IC.

5. HYGIENE

- Poolside helpers and visitors must wear clean appropriate poolside footwear, overshoes or be barefooted.
- If a member has an open wound or is known to be infectious, they shouldn't swim.
- Babies or incontinent disabled members must wear appropriate nappy or leak-proof swimming pants.
- In event of vomiting, discharge in to pool or suspicion of such, please notify IC or LG immediately.

6. THE COMMITTEE RESERVES THE RIGHT TO CREAT, WAVE OR AMEND ANY RULE

GENERAL INFORMATION: (please also see our Membership Info Pack and www.thesalmonclub.org.)

- Lifeguards are in attendance along with volunteer spotters and helpers
- A platform lift with wet-chairs, two sling hoist and accessible steps are available to access pool
- First Aid is provided by pool staff, many of our volunteers are also trained
- Swimming aids are available – ask any Spotter
- Parking is free for 2 hours ONLY (as long as you don't apply via phone!). There are 16 disabled parking spaces.
- Uni-sex and single sex, changing available Disabled Changing (Bed & Hoist) and showers are available
- The changing room areas are simultaneously used by other leisure centre users; therefore, members should not leave clothing or valuables in the changing cubicles. Coin operated lockers are available.
- No responsibility can be accepted by the Club or Everyone Active for loss or damage to private property.

Please note the Club has numerous Policies including H&S, Child Protection /Adults at Risk, GDPR etc. Which members must adhere to. Copies are available upon request and online.